Dear $\qquad$
We are really sorry that you need to stay at home to isolate at the moment. We hope you are feeling okay.
Below is some learning to complete while you feel well. If you become poorly your adults at home might decide you need to stop doing the work.
Each day there are four lessons to complete, some reading, some exercise and a quick chat with one of the adults back at school so we can see how you are. These are the things that will make up your new school day while you are at home-

- An English lesson
- A maths lesson
- A history lesson
- A music lesson
- Reading on your own for 15 minutes and five minutes reading to an adult on our google/teams/zoom call
- A 10 minute chat with $\qquad$ to see how you are getting on with the work and to talk about your reading. We will talk to your adults at home to decide on the best time for our chat

Below are your lessons for each day - you can search using instructions in the coloured boxes or just click on the blue link for each lesson.
Sometimes the video might ask you to pause and do the quiz. Don't worry if you can't do this. The most important thing is to watch the video.

| $\begin{aligned} & \text { Day } \\ & \text { Y1 } \end{aligned}$ | English <br> - Search 'Oak National <br> Academy' <br> - click on 'lessons' <br> - click on 'subjects' <br> - click on 'KS1' <br> - click on 'English' <br> - click on 'the Magic <br> Paintbrush' (10 lessons) | Maths <br> Search 'Oak National <br> Academy' <br> - click on 'lessons' <br> - click on 'subjects' <br> - click on 'KS1' <br> - click on 'Maths' <br> - click on 'Shape and <br> Patterns'(10 lessons) | History <br> Search 'Oak National Academy' <br> - click on 'lessons' <br> - click on 'subjects' <br> - click on 'KS1' <br> - click on 'History' <br> - click on 'How have people's lives changed in living memory?' (10 lessons) | Music <br> Search 'Oak National Academy' <br> - click on 'lessons' <br> - click on 'subjects' <br> - click on 'KS1' <br> - click on 'Music' <br> - click on 'Pulse' (10 lessons) | PE <br> Search 'YouTube' <br> On YouTube, search ' 9 min exercise for kids' |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | https://classroom.thenation al.academy/lessons/to-listen-to-and-respond-to-a-story-6gvpad | https://classroom.thenation al.academy/lessons/to-recognise-name-and-describe-3d-shapes-cnjkcd | https://classroom.thenational.aca demy/lessons/how-has-popular-music-changed-over-the-last-60-years-part-1-c4w30e | https://classroom.thenational.a cademy/lessons/understanding-pulse-cdk38c | Make sure you spend some time exercising. You could run on the spot, do star jumps, skip around the house or |
| 2 | https://classroom.thenation al.academy/lessons/to-tell-a-story-from-memory-60uk2t | https://classroom.thenation <br> al.academy/lessons/to- <br> describe-and-classify-3d- <br> shapes-70u3cc | https://classroom.thenational.aca demy/lessons/how-has-popular-music-changed-over-the-last-60-years-part-2-6wu36t | https://classroom.thenational.a cademy/lessons/creating-simple-patterns-6rwk8d | walk up and down the stairs 5 times. <br> If you prefer, you could try this workout on |


| 3 <br>  <br> 4 | https://classroom.thenation al.academy/lessons/to-explore-the-main-moods-in-the-story-61k3ac | https://classroom.thenation al.academy/lessons/to-identify-2d-shapes-c9gkjd | https://classroom.thenational.aca demy/lessons/how-have-toys-changed-part-1-71h62c | https://classroom.thenational.a cademy/lessons/understanding-how-sound-is-represented-by-symbols-64w62t | YouTube '9 Min Exercise <br> For Kids - Home <br> Workout ${ }^{\prime}$ <br> https://www.youtube.co <br> m/watch? $\mathrm{v}=0$ oc4QS2USK mk |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 4 | https://classroom.thenation al.academy/lessons/to-use-the-past-tense-ed-6xhp6d | https://classroom.thenation <br> al.academy/lessons/to- <br> describe-and-classify-2d- <br> shapes-64ukid | https://classroom.thenational.aca demy/lessons/how-have-toys-changed-part-2-6cuk4c | https://classroom.thenational.a cademy/lessons/physicalising-pulse-in-different-ways-crt62t |  |
| 5 | https://classroom.thenation al.academy/lessons/to-make-inferences-based-on-what-is-said-and-done6nk62t | https://classroom.thenation <br> al.academy/lessons/to- <br> recognise-and-create- <br> repeating-patterns-6rtpac | https://classroom.thenational.aca demy/lessons/how-has-food-changed-in-the-last-60-years60u6cd | https://classroom.thenational.a cademy/lessons/maintaining-pulse-and-finding-the-strong-beats-cdhp4d |  |
| 6 | https://classroom.thenation al.academy/lessons/to-box-up-a-story-for-purposecdhpat | https://classroom.thenation al.academy/lessons/to-recognise-and-describe-repeating-patterns-6hjk4c | https://classroom.thenational.aca demy/lessons/where-does-our-food-come-from-75hk8e | https://classroom.thenational.a cademy/lessons/identifying-tempo-terminology-crr66r |  |
| 7 | https://classroom.thenation al.academy/lessons/to-explore-how-writers-create-mood-6xhp8c | https://classroom.thenation al.academy/lessons/to-use-the-language-of-position60u32t | https://classroom.thenational.aca demy/lessons/how-has-improved-transport-made-the-world-more-connected-part-1c5j68r | Today we're going to sing with the Wiggles <br> https://www.youtube.com/wat ch?v=yOUNwyumiUQ |  |
| 8 | https://classroom.thenation al.academy/lessons/to-write-a-story-with-clear-moods-part-1-c8v64c | https://classroom.thenation al.academy/lessons/to-use-the-language-of-position-direction-and-movement-part-1-6grkge | https://classroom.thenational.aca demy/lessons/how-has-improved-transport-made-the-world-more-connected-part-2cmv34t | Today we're going to sing with the Wiggles <br> https://www.youtube.com/wat ch?v=ceFg0GIA-7g |  |
| 9 | https://classroom.thenation al.academy/lessons/to- | https://classroom.thenation al.academy/lessons/to-use-the-language-of-position- | https://classroom.thenational.aca demy/lessons/how-have-the- | Today we're going to sing with the Wiggles |  |

## Commented [CB1]:



